

# School District 214

## HEALTH & WELLNESS SCREENINGS 2017

OPTION	DESCRIPTION
Lipid Profile	<u>12 hour fast! Water encouraged</u> Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides). Blood Pressure screening included
Complete Blood Count	Blood test. Blood Pressure included
Comprehensive Metabolic Panel	Blood test. Blood Pressure included
Prostate Cancer Blood Test (PSA)	Blood test used to detect prostate cancer. Recommended for men over 50.
Thyroid Function Blood Test	Detects abnormalities in thyroid gland function
Cardiac C-Reactive Protein (CRP)	This blood test is recommended for cardiovascular risk assessment
Hepatitis B Titer Blood Test	Blood test to determine if you have immunity to Hepatitis B
Hepatitis C Titer Blood Test	Blood test to determine if you have immunity to Hepatitis C. Exclusive test to those who were born between 1945-1965.
MMR Titer Blood Test	Blood test to determine if you have immunity to Measles, Mumps, Rubeola
Vitamin D Level	Blood test to detect your vitamin D level.
Flu Immunization	Recommended annually to prevent influenza (the flu). Seasonal and H1N1 strains are included.
Tetanus/Diphtheria	Preventive immunization. Adult booster needed every 5-10 years
Tetanus/Diphtheria/Pertussis (Tdap)	Preventive immunization that protects against all three diseases: Tetanus, Diphtheria, and Pertussis. Adults should substitute Tdap for <b>one</b> booster dose of Tetanus/Diphtheria
TB Test	Skin test for tuberculosis. Participant must have the skin test read by a nurse within 48-72 hours. Recommended annually for individuals with extensive public contact.
Hepatitis A Immunization	Preventive immunization. Series of <b>two</b> shots over six months
Hepatitis B Immunization	Preventive immunization. Series of <b>three</b> shots over six months.
MMR Immunization	Preventive immunization.
Mammogram	Recommended for women over 40. Information will be available about locations and scheduling the day of the wellness program.

Please contact your NCH representative for additional explanation or questions  
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