

Dear Parents/Guardians,

Welcome to John Hersey High School. This letter is to inform you that incoming freshmen are eligible for a PE Waiver if they participate in the competitive marching band. This allows students to waive out of PE for the year and be placed in a study hall.

In order to request a PE waiver, a student must meet two requirements: the student must participate in the marching band program and must not have a study hall already in his or her schedule. If your student chooses to request a PE waiver, he or she will still be required to complete fitness testing through a PE class (unless medically exempted from PE by a doctor).

The choice to request a PE waiver for band is an individual one. Students and parents should discuss this option and choose it on the Class of 2023 Course Selection form, which will be available online starting on December 19, 2018, during the 8th Grade Career Pathways and Elective Night. The Student Services Department will then work to adjust your child's schedule accordingly.

Please feel free to contact the Student Services Department, at 847-718-4822, should you have any questions about this process.

We look forward to working with you and your student.

Sincerely,

John Novak,
Assistant Principal
Student Activities

Dan Ludwigsen,
Division Head
Physical Education